

SightWatcher: NHS Home Eye Test – Eligibility Criteria

Introduction

Patients who are unable to attend a high street optician due to physical or mental health conditions may be eligible for a free, NHS-funded home eye test.

As an NHS-approved primary care contractor, SightWatcher is proud to deliver trusted care where it's needed most.

This guide outlines the eligibility criteria and provides examples to help clarify who may qualify.

NHS Home Eye Test – Eligibility Criteria

You may be eligible for a free NHS eye test at home if you:

- Have a condition that prevents you from leaving your home unaccompanied due to poor health
- Are diagnosed with a mental health condition that means you cannot leave the house without assistance
- Are housebound or bedbound due to a physical disability

Example Conditions

There are many reasons someone may be unable to leave home unaccompanied — here are some common examples (not an exhaustive list):

- Cognitive impairment
- Dementia
- Memory problems
- Diagnosed mental illness
- Severe arthritis
- Mobility difficulties
- Temporary illness affecting ability to go out alone
- Temporary condition (e.g. vertigo)
- Illness needing constant medication (e.g. oxygen)
- Advised by a medical professional not to leave home without help

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Ready to Book?

If you or someone you care for meets the criteria outlined above, you may be entitled to a free NHS-funded home eye test.

At SightWatcher, we're committed to making eye care accessible to those who need it most. If you're unsure about eligibility or would like to arrange a visit, please get in touch — our team is here to help.



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